

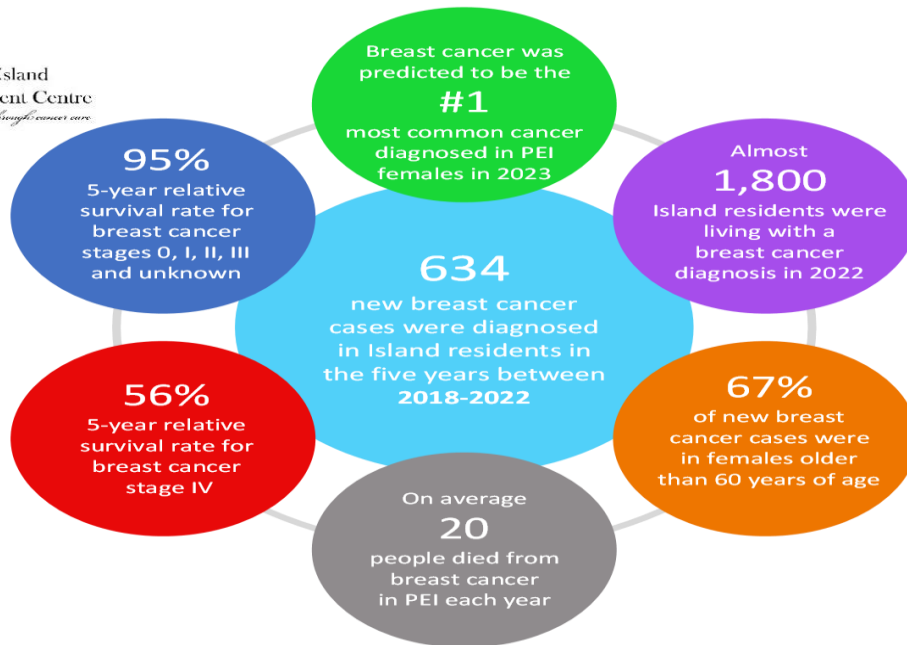
Breast Cancer Trends in Prince Edward Island

Data on female breast cancers from PEI Cancer Registry for January 1, 2018 to December 31, 2022

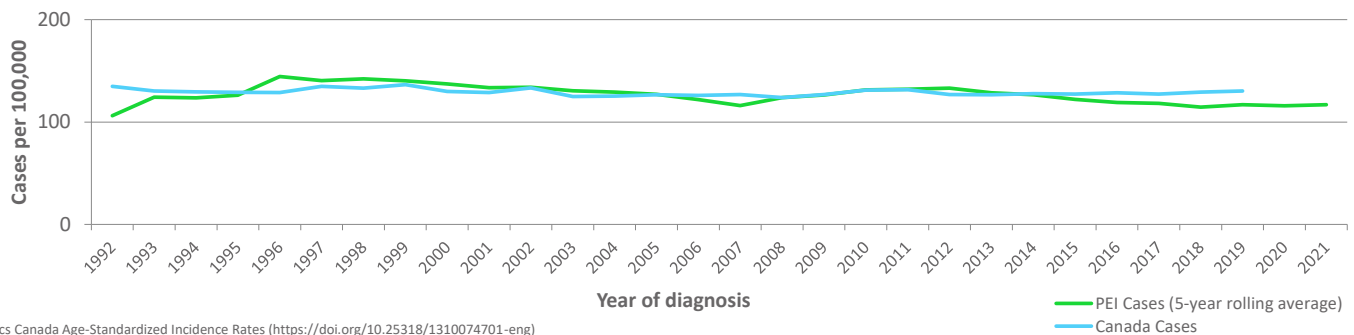


Prince Edward Island
Cancer Treatment Centre

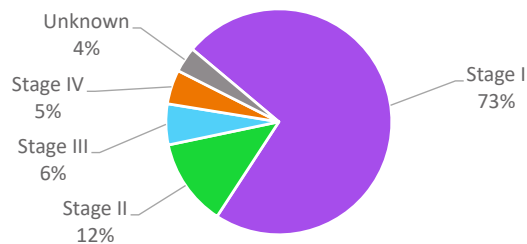
Health PEI
One Island Health System



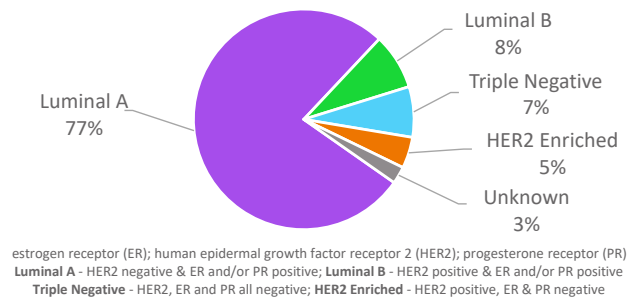
Rate of New Breast Cancer Cases Over Time, PEI and Canada



Breast Cancer Cases by Stage



Breast Cancer Cases by Subtype



Key Points and Recommendations

- ✓ Breast cancer risk in PEI has not significantly changed over time
- ✓ Most breast cancers in PEI were diagnosed at an early stage. Breast cancer stage and subtype information help guide treatment and prognosis
- ✓ Breast cancer screening is important for early cancer detection. Women 40-74 years of age are invited to make a screening appointment with the PEI Breast Cancer Screening Program (<https://www.princeedwardisland.ca/en/information/health-pe/pei-breast-screening-program>)
 - ✓ Consult with a health care provider if you notice breast changes, such as: a lump, often without pain; change in breast size, shape or appearance; dimpling, redness, pitting or other changes of the skin, change in nipple appearance, or abnormal or bloody fluid from the nipple
- ✓ Help lower your risk of breast cancer by not smoking, limiting the amount of alcohol you drink, maintaining a healthy weight, staying active, and talking to a health care provider about the benefits and risks of birth control pills and hormone replacement therapy