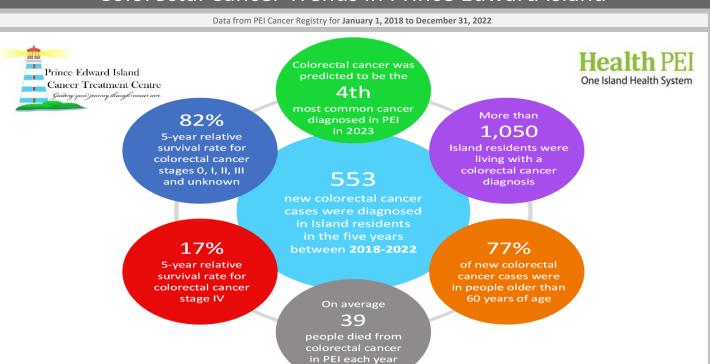
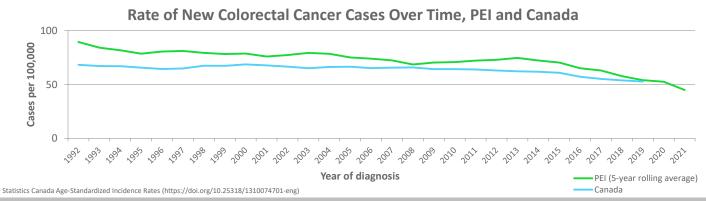
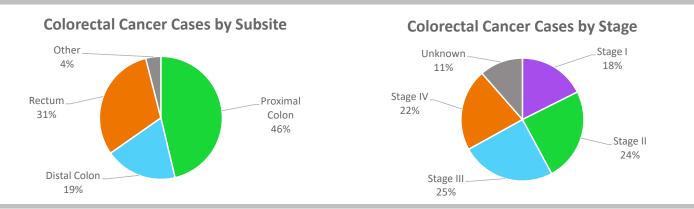
## Colorectal Cancer Trends in Prince Edward Island







## **Key Points and Recommendations**

- ✓ Rates of new colorectal cancer cases in PEI have decreased over time and the five-year relative survival rate was fair overall
   ✓ Help lower your risk for colorectal cancer by staying at a healthy weight, being active, not smoking, and having a diet low in red meat and
- processed meat but high in dietary fibre, fruits and vegetables

  The PEI Colorectal Screening Program launched in 2011 for all Island Residents aged 50-74 who do not have a family history of colorectal cancer. PEI colorectal cancer screening kits are available from a primary care provider or you can request one by mail at https://www.princeedwardisland.ca/en/information/health-pei/colorectal-screening-program-fit