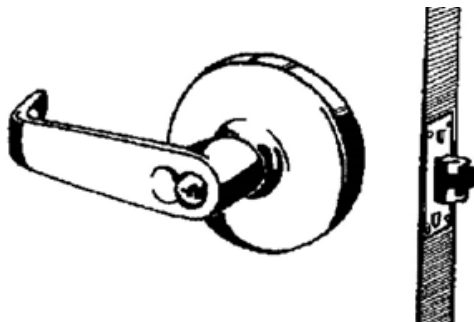
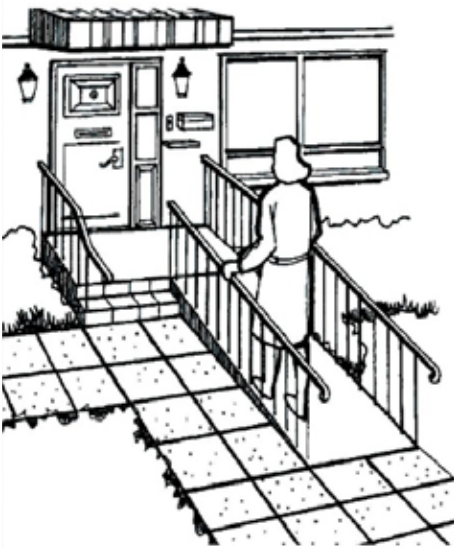




Family and
Human Services

Seniors Safe @ Home Program *Self Assessment Guide and Frequently Asked Questions*





Family and
Human Services

Seniors Safe @ Home Program

Self Assessment Guide

This guide is a series of questions about your daily living activities such as cooking, laundry, and personal hygiene. The purpose of these questions is to help you identify your difficulties and what changes to your home will help you with your daily living activities. Each question has a list of possible changes to your home.

This guide will help you decide what changes to your home you will apply for through the *Seniors Safe @ Home Program*.

Please read the brochure first to make sure you meet the criteria to apply. The *Application Form* is tucked into the brochure.

You do not need to include this completed guide with your *Application Form*, but you may if you feel it will help explain the changes for which you are applying.

For each question, please put a checkmark in the boxes next to the changes that would help you the most with your daily living activities. Remember all changes you apply for must relate to your loss of ability to stay in your home.

You may apply for changes not mentioned in this guide. You can explain these changes in question 24 (page 13 of this guide) or in your *Application Form*. Remember, changes must be permanently installed in your home and must:

- a. improve your access to basic facilities in your home, or
- b. increase your physical safety at home.

We encourage you to ask for help filling out this guide. The following people may be helpful:

- an occupational therapist
- a health care worker
- a social services professional.

You can ask us for help. Please call 1-855-374-7366 or visit www.princeedwardisland.ca/seniorshousing.

1) Do you have any difficulty working at the kitchen counter?

If yes, would any of the following changes help you?

- Adjust the height of your counter
- Install more counter space or storage space
- Install pull-out shelves under your counter so you can work sitting down
- Remove a cupboard to create space under your counter so you can work sitting down



Pull-out shelves may help you prepare food sitting down.

2) Do you have any difficulty working at the kitchen sink or using the faucets?

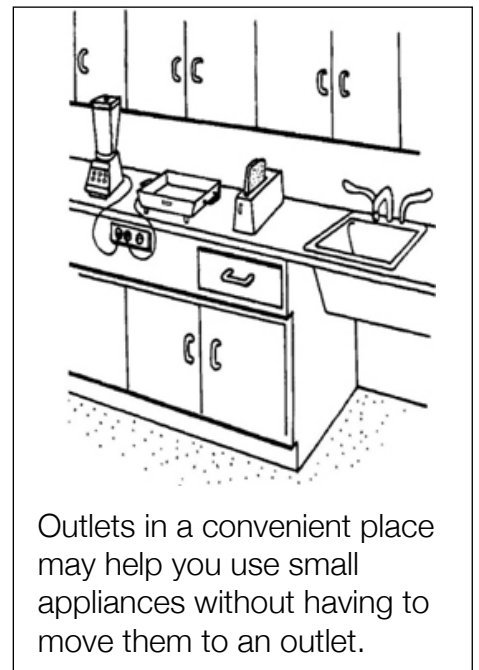
If yes, would any of the following changes help you?

- Adjust the height of your sink
- Open the space under your sink so you can work sitting down (you will have to insulate the plumbing)
- Install lever type faucets or faucet with one lever to control water flow and temperature
- Move your faucets for easier access or install new faucets in a better place

3) Do you have any difficulty using kitchen appliances?

If yes, would any of the following changes help you?

- Install shelves or countertop for small appliances
- Install a pull-out shelf beside your oven that is heat-proof
- Install outlets in a better place for small appliances
- Install a heat-proof insert on counter
- Install heat detectors for your stove

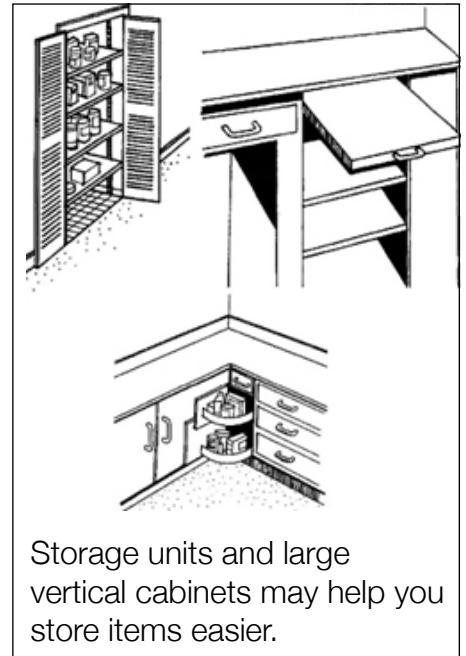


Outlets in a convenient place may help you use small appliances without having to move them to an outlet.

4) Do you have any difficulty reaching or using kitchen cupboards or storage space?

If yes, would any of the following changes help you?

- Lower your cupboards
- Lower the shelves in your cupboards
- Add cupboards or shelves at a convenient height
- Add a vertical cupboard or pantry
- Add pull-out storage units under your counter
- Install D type handles on your cupboards or drawers



5) Do you have any difficulty stepping in and out of the bath?

If yes, would any of the following changes help you?

- Install grab bars by your bathtub
- Install a non-slip flooring throughout the bathroom
- Install a non-slip surface next to your bathtub
- Install a transfer bench to get into your bathtub in a seated position
- Install a shower stall instead of a bathtub
- Install a separate shower stall



6) Do you have any difficulty taking a bath or a shower?

If yes, would any of the following changes help you?

- Install a hand-held shower on an adjustable rod
- Install mounting brackets, one high and one low, to allow you to stand and sit while you wash
- Install a flip-up seat in your bathtub or shower
- Install shelves that make personal care items easy for you to reach
- Install a grab bar in your bathtub or shower stall
- Install a waterproof light fixture over your bathtub or in shower stall



7) Do you have any difficulty using bathtub faucets, shower controls or drain plug?

If yes, would any of the following changes help you?

- Install a faucet with one lever (single action lever)
- Install a device that will prevent water from getting too hot or adjust the temperature setting on your water heater
- Install a drainplug in a better spot

8) Do you have any difficulty using the sink or faucets in the bathroom?

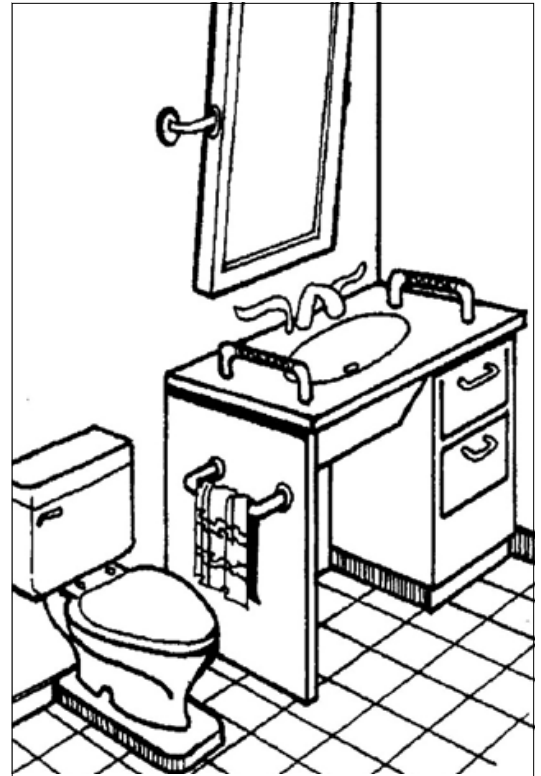
If yes, would any of the following changes help you?

- Adjust your sink to a better height
- Create space for knees under your sink for washing sitting down (you will need to insulate the plumbing)
- Strengthen your sink with legs or a solid cabinet
- Install a faucet with a single lever to control water flow and temperature
- Move your faucet to the front or side of sink

9) **Do you have any difficulty using or storing personal care items near the sink?**

If yes, would any of the following changes help you?

- Install more counter space
- Install shelves beside your sink
- Install a grab bar within easy reach
- Install more lights near the mirror or medicine cabinet

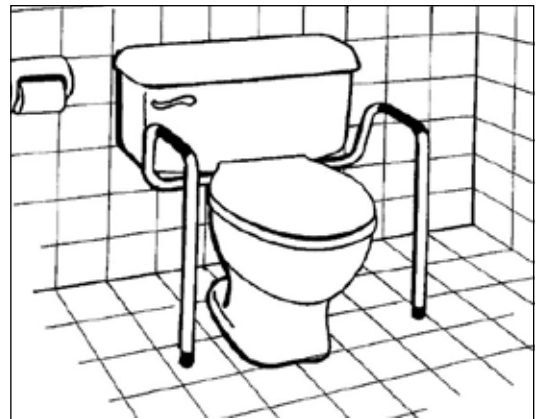


Moving or tilting your mirror may help you wash while sitting or standing.

10) **Do you have any difficulty using the toilet?**

If yes, would any of the following changes help you?

- Raise your toilet to a convenient height or install a new taller toilet
- Install grab bars
- Adjust your flush handle or install a new one
- Adjust your toilet paper holder or move it to a better spot

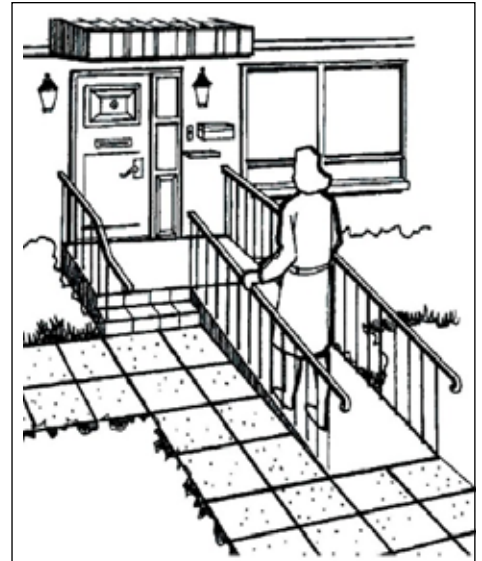


Grab bars in a convenient place may help you use the toilet.

11) Do you have any difficulty walking from your front or back door to your garage, backyard or street?

If yes, would any of the following changes help you?

- Create a wider walkway
- Add steps to remove steep slope
- Add a ramp to your steps
- Install or repair handrails along your walkway, slope, or steps
- Install non-slip finish on walking surfaces

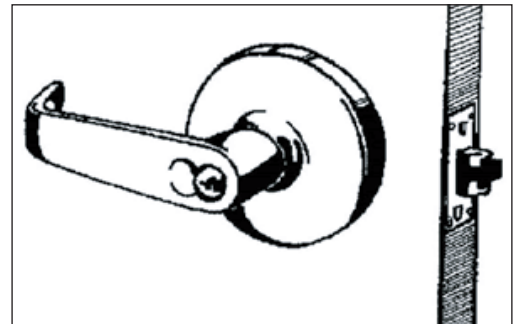


A ramp or handrails in convenient places may help you enter your house.

12) Do you have any difficulty with the doors on the outside of your home?

If yes, would any of the following changes help you?

- Lower your door threshold by adjusting the door or replacing it
- Add a grab bar or handle near your step or threshold
- Install hardware that makes your door close slowly
- Replace your locks with ones that are more secure and easy to use
- Install lever type door handles
- Install a small shelf inside and outside your front door at elbow height to hold parcels while opening door



A lever handle may help you grab and pull a door open.

13) Do you have any difficulty with doors inside your home?

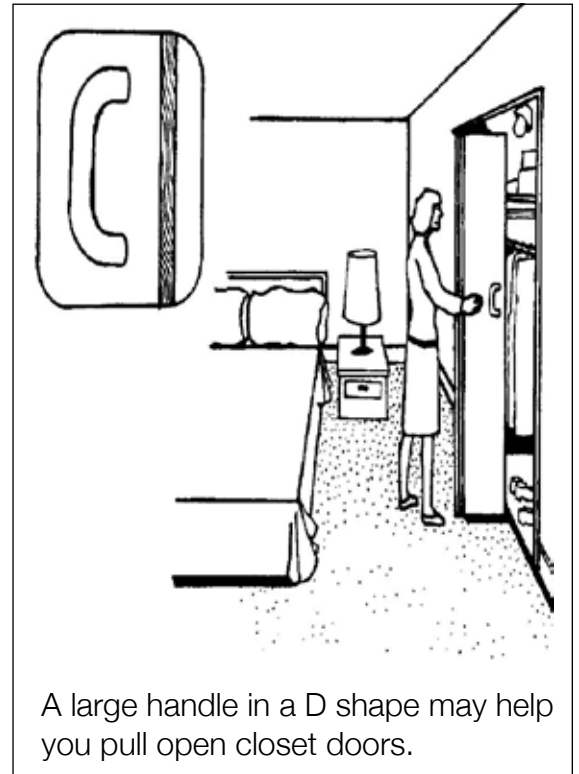
If yes, would any of the following changes help you?

- Repair your door frame or door hinges
- Change the direction your door swings open
- Replace your door knobs with lever type door handles
- Install sliding, bi-folding or accordion doors in closets and pantries
- Install D type handles or loop handles on bi-folding, sliding or accordion doors

14) Do you have difficulty reaching clothes, coats, shoes or other items in closet?

If yes, would any of the following changes help you?

- Install bi-folding or accordion doors
- Install a light in your closets
- Add or lower your closet rods
- Add or lower your closet shelves
- Add shelves close to the floor in your closets or at your front entrance for shoes and boots
- Install hooks, shelves or drawers in your closets
- Build an easy-to-access storage closet for your household appliances such as vacuum cleaner or ironing board



15) Do you have any difficulty moving from one room to another?

If yes, would any of the following changes help you?

- Lower the height of your door thresholds or remove the thresholds
- Use colour contrast or changes in your floor texture wherever there is a change to the level of your floor
- Install "swing clear hinge" on your doors to widen doorways
- Install handrails or grab bars where there are changes in the floor level
- Install handrails along your walls



16) Do you have any difficulty using the stairs inside your home?

If yes, would any of the following changes help you?

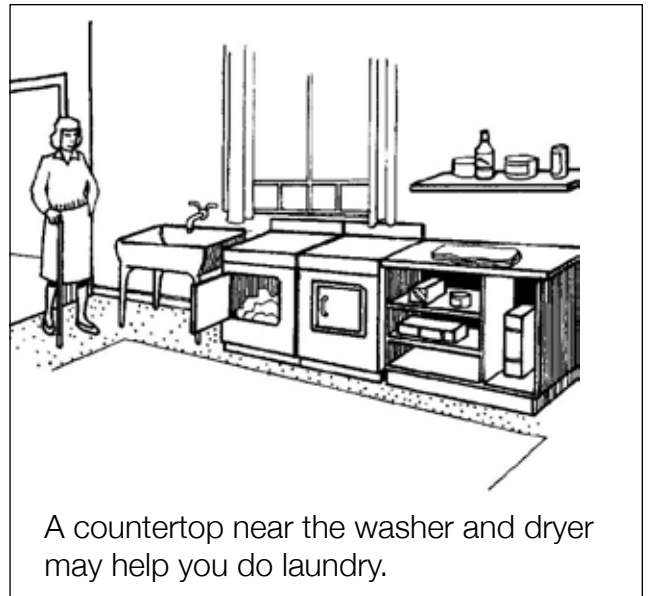
- Increase lighting above your stairs
- Install light switches at top and bottom of your stairs
- Install or repair your handrails
- Extend handrails beyond the stairs
- Repair or replace your stair covering with a non-slip surface
- Install colour contrasts or change in texture at top and bottom of your stairs and on the edge of each step
- Move your bedroom to your main floor
- Move your laundry room to your main floor
- Move or add a toilet on your main floor or the floor where your bedroom is



17) Do you have any difficulty doing the laundry?

If yes, would any of the following changes help you?

- Move your washer and dryer to a more convenient place
- Provide shelves or storage near your washer or dryer for storing your washing supplies in a convenient place
- Build a counter or large shelves near your washer and dryer for sorting out and folding clothes
- Install electrical outlets and outside connections for a dryer
- Install or adjust your clothesline to a convenient height
- Install a rod for hanging your clothes

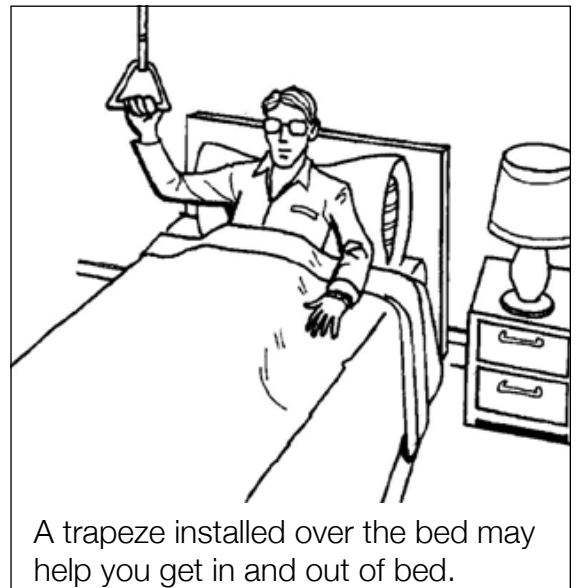


A countertop near the washer and dryer may help you do laundry.

18) Do you have any difficulty getting in and out of bed, chair or sofa?

If yes, would any of the following changes help you?

- Install grab bars or vertical pole in convenient places
- Install a short horizontal bar hanging from the ceiling (a trapeze) over your bed



A trapeze installed over the bed may help you get in and out of bed.

19) Do you have any difficulty getting to the telephone on time?

If yes, would the following change help you?

- Install phone jacks in convenient places and at convenient heights (near your bed or sofa)

20) Do you have any difficulty seeing on the walkway leading to your home?

If yes, would any of the following changes help you?

- Install light fixtures or flood-lights along your entrance walkway steps or stairs
- Install light switches or sensors to control outside lights

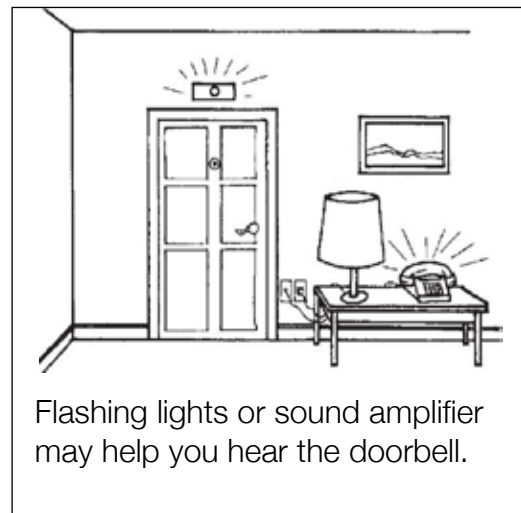


Well-lit walkway and steps may help you see obstacles.

21) Do you have any difficulty identifying visitors or hearing your doorbell?

If yes, would any of the following changes help you?

- Install a peephole or view panel at eye level on your door
- Install a flashing light or other signal to your doorbell



Flashing lights or sound amplifier may help you hear the doorbell.

22) Do you have any difficulty seeing in areas of your home where you do activities?

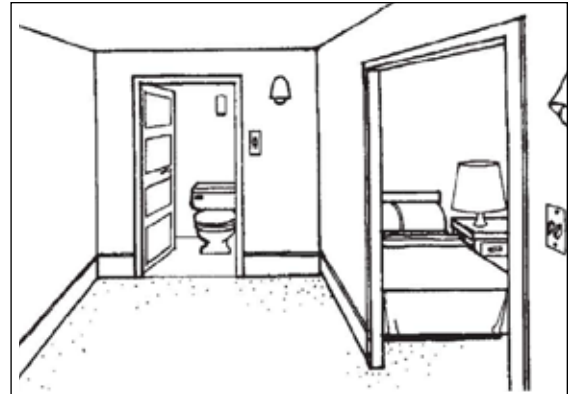
If yes, would any of the following changes help you?

Install lights or outlets for lamps in:

- your hallways,
- pantry,
- reading area, or
- other areas.

Install light switches near:

- your room entrances,
- near your bed,
- near your sofa,
- at both ends of your hallways, or
- at the top and bottom of your staircases.



Light switches at doorways and two-way switches may help you see where you are going.

23) Do you have any difficulty with your windows?

If yes, would any of the following changes help you?

Install easy-to-grasp window handles

Install secure and easy-to-use locks

Repair your window so that it opens and closes easily

Install an unbreakable window or security bars on a window that is vulnerable to forced entry

Frequently Asked Questions

Q. What amount of grant money is available?

Seniors Safe @ Home Program Income Chart						
Applicant and Spouse / Partner Income	\$35,000 or less	\$35,001 to \$38,000	\$38,001 to \$41,000	\$41,001 to \$44,000	\$44,001 to \$47,000	\$47,001 to \$50,000
Grant	\$5,000	\$4,000	\$3,100	\$2,400	\$1,700	\$1,000

Q. How do I qualify for the program?

A. You are eligible for the *Seniors Safe @ Home Program* if:

The combined net annual income (as per line 236 of the Notice of Assessment from Canada Revenue Agency - see below) of the applicant and spouse falls within the Income Chart shown above.

Canada Revenue Agency		Agence du revenu du Canada		NOTICE OF ASSESSMENT		T451 E (FR)
1	Date	2	Name	3	4	
	Apr 30, 2012		Freat33.com	Social Insurance no.	Tax year	Tax centre
				123 456 789	2012	Ottawa, Ontario K1A 0A9
Summary						
	Line					\$ Amount
	150	Total Income				00,000
		Deductions from total income				000
	236	Net Income				00,000
	260	Taxable Income				00,000
	6150	Total Ontario non-refundable tax credits				000
	420	Net federal tax				0,000.00
	428	Net Ontario tax				0,000.00
	435	Total payable				0,000.00
	437	Total income tax deducted				0,000.00
	448	CPP Overpayment				00.00
	482	Total Credits				0,000.00
		(Total payable minus total credits)				(000.00)
		Balance from this assessment				CR 000.00
		Direct deposit				CR 000.00

William V. Baker Commissioner of Revenue				
Date	Name	Social Insurance no.	Tax year	Tax centre
Apr 30, 2012	Freat33.com	123 456 789	2012	Ottawa, Ontario K1A 0A9
2008 RRSP Deduction Limit Statement				
The back of this notice contains important information. Amounts marked with an asterisk (*) cannot be less than zero.				
RRSP deduction limit for 2007		\$00,000		
Minus: Allowable RRSP contributions deducted in 2007		\$000		
Unused RRSP deduction limit at the end of 2007		\$00,000		
Plus: 18% of 2007 earned income of \$00,000 = (max. \$19,000)		\$0,000		
Minus: 2006 pension adjustment		\$0 .. 0,000		
		\$00,000.00		
Minus: 2008 net past service pension adjustment		\$0		
Plus: 2008 pension adjustment reversal		\$0		
Your RRSP deduction limit for 2008		\$0,000 (*)		
You have \$0 (B) of unused RRSP contributions available for 2007. If this amount is more than amount (A) above, you may have to pay a tax on the excess contributions.				

How do I qualify for the program? *(continued)*

- You are age 60 or older as of the date of your application.
- You have an age related condition or changes to your ability which can be helped by one or more of the eligible home modifications.
- Applicants, their spouse, or family member own the applicant's primary residence (applications for rental properties will not be accepted).

Q. What modifications can I do to my home?

A. Modifications must relate to the applicant's loss of ability. Items must be housing related and permanently installed. Modifications must provide improved access to basic facilities within the home, and/or increase the physical safety of the applicant (eg: grab bars, lever handles).

Q. What items are not eligible?

A. Portable devices are not eligible, for example, bath chairs, walkers, canes. Also, structural repairs not related to improving accessibility are not eligible, for example, roof, furnace, or window repairs or replacements.

Q. If I am eligible, do I have to repay the money I receive?

A. No, you do not have to pay back the money you receive.

Q. How long do I have to complete modifications and send in my invoice(s) for payment submitted?

A. You have 90 days from the date on your approval letter.

Q. I am currently living with my son and his wife. Can I still receive a grant towards the cost of modifying their home?

A. You can receive funding towards a modification in a relative's home as long as:

- their home is your principal residence (that is, you live there at least six months plus one day per calendar year);
- your relative owns the home and does not rent;
- you and your spouse's/partner's combined income is less than \$50,000; and
- the modification improves your accessibility.

Q. I would like to move in with my daughter but she needs to modify her bathroom to ensure I can use a walker or a wheelchair. Is her income included when determining the amount of grant that I can receive?

A. No, your daughter's income is not included in that calculation. Only the income of the senior applicant (and that of the spouse or partner) whose accessibility is assisted by the modification is included to determine the amount of the grant provided.

Q. My husband passed away two months ago. Does his income from his last Notice of Assessment from the Canada Revenue Agency have to be included to determine the amount of grant that can be received?

A. No, only your income will be used to determine the amount of the grant provided.

Q. How do I apply for the program?

- A. • Complete the application form.**
- Attach two cost estimates for each home modification item you are requesting.**
 - Attach proof of income (a signed Canada Revenue Agency Statement of Consent, or, a copy of the most recent CRA Notice of Assessment) for all applicants.**

Send the application, the attached quotes, and proof of income to:

PEI Home Renovation Programs Office
161 St. Peters Road,
PO Box 2000, Charlottetown, PEI, C1A 7N8
Fax: 902-368-3394
E-mail: ssh@gov.pe.ca

You can also drop it off to any Access Center across PEI.

Further information can be found at www.princeedwardisland.ca/seniorshousing or by calling 1-855-374-7366.